

# FAMILY MATTERS AGENDA

|          |   |   |   |
|----------|---|---|---|
| 8:00 am  | Registration and light breakfast  |   |   |
| 9:00 am  | Introductions   |   |   |
| 9:20 am  | SESSION 1: What is harm reduction?  |   |   |
| 9:50 am  | SESSION 2: Listen to your mother: "What I know now that I wish I knew then."                                    |   |   |
| 10:50 am | <b>Break</b>  |   |   |
| 11:00 am | SESSION 3: BREAKOUT GROUPS  |   |   |
|          | <b>Living Room</b><br>The intellectual journey from abstinence-only to embracing medication-assisted treatment. | <b>West Solarium</b><br>"Why I lie" ... to doctors, to parents, to those I love.                  | <b>East Solarium</b><br>Kinship families: The burden on grandparents, extended family and others raising the children of those who've died or struggled with drugs. |
| 11:50 am | <b>Lunch</b> , served in Dining Room  |   |   |
| 12:30 pm | Keynote Speaker: Sam Snodgrass, PhD: "The Neuroscience of Opioid Addiction."                                    |   |   |
| 1:50 pm  | <b>Break</b>  |   |   |
| 2:00 pm  | SESSION 4: BREAKOUT GROUPS  |   |   |
|          | <b>Living Room</b><br>Marijuana: Can it save lives?   | <b>West Solarium</b><br>What's next? The Future of Harm Reduction in Ohio and elsewhere.          | <b>East Solarium</b><br>What about the children? Adult children growing up with parent who use/d.   |
| 2:50 pm  | <b>Break</b>  |   |   |
| 3:00 pm  | SESSION 5: BREAKOUT GROUPS  |   |   |
|          | <b>Living Room</b><br>Does it get better? Relapse, trust, recovery.   | <b>West Solarium</b><br>The law: Drug courts, jail, homicide, prosecution, criminal records, etc. | <b>East Solarium</b><br>Faith and science: How a belief in God and in science should work together.   |
| 3:50 pm  | <b>Break</b>  |   |   |
| 4:00 pm  | SESSION 6: BREAKOUT GROUPS  |   |   |
|          | <b>Living Room</b><br>Subtle Distinctions: The difference between enabling, setting boundaries and tough love.  | <b>West Solarium</b><br>"What about me?" Making sure siblings are not forgotten.                  | <b>East Solarium</b><br>Advocacy: Turning pain into positive progress.  |
| 4:50 pm  | <b>Break</b>  |   |   |
| 5:00 pm  | HRO Awards Special Presentation: "Thanks, mom"  |   |   |
| 5:45 pm  | Book Signing: Tracey Helton, "The Big Fix, Hope After Heroin"   |   |   |

